

More Great Ideas

Create Your Own Drive!

Challenge the Sunday school classes at church to see who can raise the most money for the Mission, with the losers throwing an ice cream party for the winners. Or offer a jeans day at work in exchange for a \$5 donation to benefit the Mission. Have fun and be creative as you explore ways your group can help the homeless. (Let us know what you come up with so we can share your idea with others!)

Meet the Mission Lunch and Tour

Join us the third Thursday of the month at noon to learn more about the Mission and how you can impact the homeless and poor in our area. We'll provide lunch, followed by a video presentation and tour of our facility. Call (701) 772-6609, ext. 211 to reserve your spot.

Invite Us to Speak



Invite Mission staff to speak at your next event. Our presentations cover poverty, addiction and homelessness, and how the Mission addresses these issues in our community. Please call (701) 772-6609, ext. 204 to schedule a speaker.

Ready to Help? Here's How ...

For more information, contact Volunteer Coordinator Deb Stinar at (701) 772-6609, ext. 206 or deb@jointhemission.org. Visit our Web site, www.jointhemission.org, for other great ways to help the homeless in our community.



You can Help!

Drives to Benefit Northlands Rescue Mission

Northlands Rescue Mission depends on volunteers of all ages to enable us to provide hope for the homeless—one life at a time! You, your school, church, business, organization or youth group can help the hungry and homeless in North Dakota and Minnesota.

In this brochure you'll find plenty of opportunities to serve. Pick out activities that best fit your group, then bring donations to 420 Division Avenue, Monday-Friday, 8 a.m.-5 p.m. Thanks for volunteering!

420 Division Avenue • Grand Forks, ND 58201
(701) 772-6609 • www.jointhemission.org

Body, Soul and Spirit Ministry

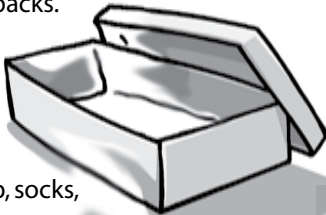
Northlands Rescue Mission cares for hundreds of homeless each year. When you participate in one or more of the activities listed here, you help us touch them body, soul and spirit.

Shoebox for the Homeless

Most people come to the Mission with little more than the clothes on their backs.

Please help us bless them with shoeboxes filled

with items like razors, shampoo, deodorant, shower gel, brush or comb, socks, stamps, phone card, gift card.



Medicine Chest



Bring comfort to the homeless by collecting over-the-counter, *non-alcohol* pain relievers, cold and flu medications, Benadryl, cough drops, sinus medication, antacids, foot powders and creams.

Summer Cool-Down

In the hot summer months, the homeless face a host of dangers, from dehydration to heat stroke. Help quench their thirst and cool their bodies by collecting items like sunscreen, bottled water, juice, fresh fruits and vegetables, and insect repellent. We also appreciate **NEW** sneakers.

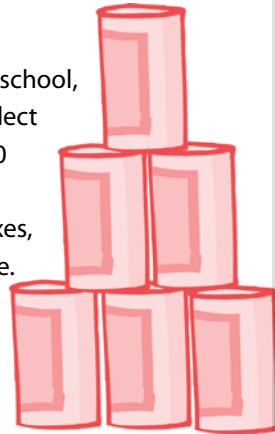


Devotion Promotion

We know lives can only be changed through the Word of God. You, your church or youth group can encourage the homeless and lost in their faith when you collect men's and women's Christian devotionals and journals.

Stock the Pantry

Conduct a food drive at your school, church or organization to collect staples such as rice, sugar, #10 cans of fruits and vegetables, pasta, tomato sauce, cake mixes, instant drink mixes and coffee. Food from these drives will be used to serve meals to homeless men and women in our dining hall and to fill food boxes for families in need.



Deck the Halls

Please bless the poor and homeless with Christmas gifts of their very own: a warm sweater, an alarm clock or personal care items. Your group can bring unwrapped, **NEW** gifts for our residents to the Mission before December 15.



Fill Our Cups

On cold mornings, a steaming cup of hot coffee can warm the bodies and soothe the souls of homeless men and women. At the Mission, we offer hurting people the perfect blend: a cup of hot coffee and hope for new life! Help the Mission keep coffee brewing 365 days a year when you donate large cans of regular and decaf coffee.